

Sweet Potato Pineapple Bake Recipe

- Prep/Total Time: 30 min.
- Yield: 4 Servings

Ingredients

- 1 can (29 ounces) cut sweet potatoes, drained
- 1 can (8 ounces) crushed pineapple
- 2 tablespoons brown sugar
- 2 tablespoons butter, melted
- 3/4 cup miniature marshmallows



Directions

- In a large bowl, mash the sweet potatoes. Stir in the pineapple, pecans, brown sugar and butter.
- Transfer to a greased 2-qt. baking dish. Bake, uncovered, at 375° for 20 minutes. Sprinkle with marshmallows. Bake 5 minutes longer or until marshmallows are lightly browned. **Yield:** 4 servings.

Nutritional Facts 1 serving (3/4 cup) equals 394 calories, 10 g fat (4 g saturated fat), 15 mg cholesterol, 92 mg sodium, 74 g carbohydrate, 7 g fiber, 4 g protein.

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